

What's Up

Yachting regatta

The Royal Langkawi Yacht Club is organising the first Langkawi International Regatta for the Prime Minister Mahathir Mohamad challenge trophy from March 11 to 15. For details, call ☎04-9664078, fax: 04-9665078, e-mail: info@langkawiyahtclub.com or visit website www.langkawiyahtclub.com

Workshop

THE Bookshop, in conjunction with its second anniversary, is organising a free workshop on how to stimulate children's brains. The function will be held at its premises in Chow Thye Road, off Burma Road, on Nov 23. For details, call ☎04-2282252.

Back to school

INTEL's *Back to School Programme*, an annual community effort will be held at Dewan Bandaran Kulim, Jalan Belibis, Kulim, from 3pm to 5pm on Nov 26. The company will be presenting school uniforms, shoes, socks and school bags to 130 poor students from Kulim. For details, call Selina Saw at ☎04-8596359 or 012-4336359.

Pesta concert

THE Penang State Symphony Orchestra and Chorus will be presenting Pesta Celebration Concert 2002 at Dewan Sri Pinang at 8pm on Nov 30. Tickets are at RM10 and RM20. For details, call Esther at 012-5622117.

Birthday

THE Sri Sathya Sai Baba Centre, Penang, is holding his 77th birthday celebration at the Geodesic Dome, Komtar, at 7.30pm on Nov 23. Highlights will include a video presentation on Sai Baba, dances and drama. For details, call ☎04-6561346.

Anniversary

THE Tabernacle of Grace Church will be celebrating its 20th anniversary at its premises, Level 5, Krystal Point, Bayan Baru, at 6pm on Nov 30. For details, call Evelyn/Irene at ☎04-6439592.

Auto fair

THE Hong Leong Auto Fair will be held at the Carrefour car park, Seberang Jaya, from 10am to 10pm from Nov 22 to Dec 1. New and old cars will be on show. For details, call Hong Leong Finance at ☎04-3312277 or ☎04-2103500.



UNITY DIET ... Dr Koh helping himself to vegetarian food cooked nasi kandar style.

Now it's veggie tourism

PENANG'S wide range of vegetarian food should be promoted as a special niche market as it can help attract vegetarian tourists, said Chief Minister Tan Sri Dr Koh Tsu Koon.

He said tourists would be tempted to spend their holiday here if they knew that Penang had a wide range of vegetarian food cooked Indian, Chinese or Malay style.

"This is why the state government is giving strong support towards promoting vegetarian food. Vegetable food is also healthy," he said when opening the International Meatless Day Carnival at the Esplanade recently.

The event was organised by the state government and the Malaysian Meatless Day campaign committee.

A total of 32 organisations set up 34 stalls to promote more than 100 types of meatless dishes.

State Tourism Committee chairman Datuk Kee Phaik Cheen and co-organising committee chairman Pishu Murli Hassaram also attended the function.

Dr Koh described vegetarian



BIG TURNOUT ... part of the crowd at the carnival held at the Esplanade recently.

food as "unity diet" as people from different cultural and religious backgrounds could sit together to enjoy a meal.

Dr Koh said he was glad some hotels served vegetarian food on certain days in order to promote healthy living.

In her speech, Kee said the Meatless Day carnival, which was held for the second year, had been included in the Penang state tourism calendar.

She said the state government was promoting "vegetarian tourism" similar to dental tourism, medical tourism and heritage tourism.

Pishu urged Malaysians to observe International Meatless Day-Animal Rights Day on Nov 25.

He said about 5,000 Malaysians were expected to sign pledges to go meatless that day.

The campaign is organised by the Sadhu Vaswani Mission, a non-profit social organisation founded by Sadhu T. L. Vaswani.

Those interested can send a written text that reads: "I hereby pledge to observe Nov 25th as Meatless Day" and send it to 51, Bishop Street, 10200 Penang or fax it to ☎04-2610126 or e-mail meatlessday@hotmail.com

Cut and stick on your refrigerator

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HOW TO REACH US	Stay in contact with StarNorth. There is always something interesting happening in your community. If you have a story to tell, call us at: PENANG 282 (in Sultan Azlan Shah, Bayan Lepas) Tel: 04-647-3388 Fax: 04-647-3371
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